

## *Pre- Wedding Checklist*

### *2-3 Months Before*

Start a skin care regime. Schedule your first facial with an esthetician to get on a skin care plan that may include peels and/or microdermabrasion.

Research different hair and make-up styles you would like to try on your trial.

### *1 Month Before*

Get your trial hair and make-up completed together. This allows enough time before the wedding if you want to try a new style.

Receive your final skin peel/microdermabrasion.

### *2 Weeks Before*

Get your final hair trim and deep conditioning treatment.

Receive your final facial.

### *1 Week Before*

Touch up your color and/or highlights.

Receive any waxing services such as brow, lip, legs, bikini, etc.

Get a relaxing massage as your break from all that last minute wedding planning!

### *1-2 Days Before*

Get a body polish to gently exfoliate your skin and get an Air Brushed Tan for the "glowing look".

If you have nail enhancements, get a fill. If you have natural nails, get a manicure.

Receive a spa pedicure. Many brides opt for French polish on their toes to finish off their overall bridal look.

### *Day of*

Receive your hair and make-up services. It is recommended that these be the only services you receive on your actual wedding day.

# *Cheveux*

## *Day Spa & Salon*



# *Wedding Packages*

CHEVEUX DAY SPA & SALON

964 Broadway, Woodmere, NY 11598

T: (516) 374-1060 F: (516) 374-3429

W: [www.cheveuxspa.com](http://www.cheveuxspa.com)